

Coding for Transition-Related Services for Transgender Patients

According to the standards of the World Professional Association for Transgender Health (WPATH Standard of Care), transition-related services are a medical necessity for many transgender patients. In three 2008 resolutions, the American Medical Association established support of private and public insurance coverage of treatment for gender identity disorder (GID).

In spite of the advocacy of many professional organizations, transgender patients are routinely denied treatment for the diagnosis of GID by both public and private insurance.

Supportive Professional Associations American Medical Association American Psychological Association American Academy of Family Physicians National Association of Social Workers World Professional Association for Transgender Health National Commission on Correctional Health Care American Public Health Association While insurance carriers often deny claims based on GID, they may approve requests for related treatment.

The following tables illustrate guidelines for obtaining medically necessary services for related issues.

Please note: This purpose of this face sheet is not to replace sound medical judgment but to inform health care providers of related diagnoses.

ICD-9 Codes Related to Gender Identity Disorder	
Routinely Denied ICD-9 Codes 302.51 302.52 302.53 302.6 302.85	Description Trans-sexualism with asexual history Trans-sexualism with homosexual history Trans-sexualism with heterosexual history GID in children GID of adolescence or adult life
Related ICD-9 Codes General (adults)	Description
257.2 256.39 259.9 752.7 302.9 309.9	Other testicular hypofunction Other ovarian failure Unspecified endocrine disorder Indeterminate sex and pseudohermaphrodism Unspecified psychosexual disorder Unspecified adjustment reaction
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ICD-9 Codes Related to Gender Identity Disorder		
Related ICD-9 Codes, continued	Description	
General (adults), continued		
V58.69	Long term (current) use of other medications	
V58.83	Encounter for therapeutic drug monitoring	
For transgender men (FTM) whose insurance lists them as male		
611.1	Hypertrophy of breast	
For transgender men (FTM) whose insurance lists them as female		
256.9	Unspecified ovarian dysfunction	
629.9	Unspecified disorder of female genital organs	
626.1	Scanty or infrequent menstruation	
626.0	Absence of menstruation (primary and secondary)	
625.0	Dyspareunia	
625.70 624.2	Vulvodynia unspecified	
624.2	Hypertrophy of clitoris (excludes due to endocrine disorders)	
611.71	Mastodynia	
256.4	Polycystic ovaries	
For transgender women (MTF)whose insurance lists them as female		
611.71	Mastodynia (breast pain)	
612.0	Deformity of reconstructed breast	
For transgender women (MTF) whose insurance lists them as male		
608.3	Atrophy of testis	
608.9	Unspecified disorder of male genital organs	
611.1	Hypertrophy of breast	
257.1 257.9	Postablative testicular hypofunction Unspecified testicular hypofunction	
Additional Psychological Disorders	-	
309.81	Posttraumatic stress disorder	
309.82	Adjustment reaction with physical symptoms	
300.02	Generalized anxiety disorder	
V15.41 V15.42	History of physical abuse History of emotional abuse	
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